



# Top 10 Eco-easy Ideas!

1. Use less water: reduce your time in the shower (we use low-flow showerheads), turn off the water when you brush your teeth, use your local car wash (did you know washing your car at the car wash saves 100 gallons of water and this keeps icky water from going into the water table). We also use a rain barrel to catch water for our patio plants.
2. Rethink what you buy: buy items that don't have a lot of extra packaging
3. Compost
4. Recycle everything you can: tin cans, paper, cereal boxes, plastics containers... you name it!
5. Use earth friendly lunch packaging: we use Kleen Kanteens for our water and juices and Wrap-n-Mats for our sandwiches. When we use plastic bags we rinse and reuse them again.
6. Grow some of your own veggies and herbs—there is nothing like going outside and picking your own fresh herbs!

We also go to our local farmers markets, because it helps save energy-- local foods don't need to travel miles. It also helps support our local organic farmers.

7. Clean up your community: beaches, nature trails and streets. Get rid of the trash!
8. We use "green" transportation when we can. Our friend offers hybrid car transportation to the airport
9. Take a hike and reconnect with nature
10. We use tote bags for **all** of our shopping. This reduces plastic and paper bag use. Get rid of those plastic bags!

**Make a change!  
Rethink, Reduce,  
Reuse & Recycle!**

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