



Easy Ways To Green Your Life

Earth Day 2008

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CHANGES YOU CAN MAKE AT SCHOOL & YOUR NEIGHBORHOOD

ENCOURAGE YOUR SCHOOL TO USE RECYCLED PAPER

Look at all that paper in the copy room waste basket! Yikes. Persuade your school committee to take a more proactive approach to conservationism!

START A RECYCLING PROGRAM

Ask your teacher if you can implement a recycling program in your class room or, better yet, get your whole grade to join in. Ask parents to volunteer to take 2 weeks out of the school year as their recycling week to pick up the containers. You will be amazed at all the paper!

ASK YOUR SCHOOL TO PLANT A TREE ON ARBOR DAY

Ask a local landscape company if they would consider donating a couple trees. Offer to put their landscape sign in front of the trees for a great way to promote their business and show local goodwill!

CLEAN IT UP!

Organize a neighborhood cleanup project, for your street or favorite beach or park

SUPER SIMPLE WAYS WE ARE MAKING A DIFFERENCE IN OUR HOME (oh, and so can you)!

1. **Catalogs:** I can't stand all the catalogs we get. If you feel the same, do what we did, go to www.catalogchoice.org and put a stop to all of those unwanted catalogs!
2. **Tote Bags, Baby:** For the beach, car, bookstore, grocery store. Any place you buy something; carry your own bag and say NO to extra trash!
3. **Plastic bottles be gone!** I know it's a tough habit to break but try. Buy an aluminum reusable bottle instead. Check out this cool web site for neat stuff to buy, www.reusablebags.com.
4. **Reuse and Recycle!** Before tossing something out, donate it or offer it to someone else (Craigslist.com or Freecycle.org). Start a recycling center in your garage or mudroom, and keep a bin in your office area for recyclable paper. Matter of fact do what we do, reuse the back side of paper for grocery lists, spelling tests and art time.

Finally.....Save and Conserve.

- Turn off your computers when you aren't using them
- Turn off lights when you leave the room (like, your mom doesn't already say this!) And your TV, radio and whatever else you have going on at home!
- Wash your clothes in cold water,
- Turn off the water while you are brushing your teeth
- Take shorter showers
- Replace old bulbs with CFL bulbs

Most of important help **STOP LITTERING!** This is not a giant trash can we live on. Please do not dump or throw trash out of your car. Pick up trash when you go to the beach and parks. Remember: No matter your age, **YOU** can make a difference!

